

# Workshops 2014

Detailed info on these and other classes is *always* available on [GualalaArts.org](http://GualalaArts.org)

## U P C O M I N G C L A S S E S

### KUM NYE - TIBETAN YOGA

Instructor: Els Gielens

Tuesdays January 7 - March 11, 1:00 - 2:30 p.m. **Register by: January 4**

A natural healing method and an aid for deepening meditation. Els presents Kum Nye in a gentle, down-to-Earth style appropriate for beginners and more advanced students. Note: First class is free; \$15/class members, \$20/class non-members



### SECRETS OF PAINTING LOOSE

Instructor: Eric Wiegardt

Friday - Monday January 17 - 20; 9:00 a.m. - 4:00 p.m.

**Register by: December 18, 2013**

Painting techniques and a philosophy of design will encourage bold, loose paintings.

### THE ANATOMY OF MUSIC

Instructor: Marjie Van Gunten

January 14 - February 4; 5:00 - 7:00 p.m.

**Register by: January 9**

This class will enrich your understanding of music from the inside out. Topics: Elements of Music, A Brief History of Music, In Music, Formal is Normal, A World of Music.



## H O W T O R E G I S T E R

Register Monday through Friday, 9:00 a.m. to 4:00 p.m. in person at Gualala Arts or by phone at 884-1138. Visa and Mastercard accepted. Classes must be paid in full at registration. Payments can be refunded (minus a \$25 non-refundable fee) until the "register by" date. After that date, no refunds will be provided. If the class does not fill, you will receive a full refund.

For more info about the classes and the instructors, go to [GualalaArts.org](http://GualalaArts.org)

## O N G O I N G W O R K S H O P S

**GUALALA ARTS CLAY STUDIO** with Doric Jemison-Ball

Monday - Friday

**MARTIAL ARTS** with Lini Lieberman-Erich

Mondays & Wednesdays

**DRAWING & PAINTING** with Genny Wilson

Tuesdays & Thursdays

**LIFE DRAWING**

Wednesdays

**AEROBICS** with Debbie Langwell

Mondays, Wednesdays, Fridays, Saturdays

**TAI CHI** with Justine Rosenthal

Tuesdays, Fridays & Saturdays

Get email announcements of workshops!  
Sign up at [GualalaArts.org/subscribe](http://GualalaArts.org/subscribe)