

Workshops 2014

Detailed info on these and other classes is *always* available on GualalaArts.org

U P C O M I N G C L A S S E S

KUM NYE - TIBETAN YOGA

Instructor: Els Gielens

Tuesdays January 7 - March 11, 1:00 - 2:30 p.m. **Register by: January 4**

A natural healing method and an aid for deepening meditation. Els presents Kum Nye in a gentle, down-to-Earth style appropriate for beginners and more advanced students. Note: First class is free; \$15/class members, \$20/class non-members



SECRETS OF PAINTING LOOSE

Instructor: Eric Wiegardt

Friday - Monday January 17 - 20; 9:00 a.m. - 4:00 p.m.

Register by: December 18, 2013

Painting techniques and a philosophy of design will encourage bold, loose paintings.

THE ANATOMY OF MUSIC

Instructor: Marjie Van Gunten

January 14 - February 4; 5:00 - 7:00 p.m.

Register by: January 9

This class will enrich your understanding of music from the inside out. Topics: Elements of Music, A Brief History of Music, In Music, Formal is Normal, A World of Music.



H O W T O R E G I S T E R

Register Monday through Friday, 9:00 a.m. to 4:00 p.m. in person at Gualala Arts or by phone at 884-1138. Visa and Mastercard accepted. Classes must be paid in full at registration. Payments can be refunded (minus a \$25 non-refundable fee) until the "register by" date. After that date, no refunds will be provided. If the class does not fill, you will receive a full refund.

For more info about the classes and the instructors, go to GualalaArts.org

O N G O I N G W O R K S H O P S

GUALALA ARTS CLAY STUDIO with Doric Jemison-Ball

MARTIAL ARTS with Lini Lieberman-Erich

DRAWING & PAINTING with Genny Wilson

LIFE DRAWING

AEROBICS with Debbie Langwell

TAI CHI with Justine Rosenthal

Monday - Friday

Mondays & Wednesdays

Tuesdays & Thursdays

Wednesdays

Mondays, Wednesdays, Fridays, Saturdays

Tuesdays & Saturdays

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