

**An evening of Japanese culture,
featuring
Ensohza
and shakuhachi master Riley Lee**

Friday, July 10, 2009
7:00 p.m. performance
5:00 p.m. BYO BBQ

Gualala Arts Center in the JAMI Amphitheater, Tickets \$15, \$5 more day of, Youth through 17 Free

An exciting mix of Japanese classical and folk traditions comes to Gualala Arts on July 10th in a concert featuring shakuhachi master Riley Lee and traditional folk group Ensohza. The offerings will range from sublime religious solo shakuhachi pieces to rousing folk dances accompanied by traditional taiko drums.



fired up for a bring-your-own meat along with a salad to share. Remember to please bring your own dish and silverware set-up. Gualala Arts will only have drinks for sale. Concert will be in the amphitheater unless weather/performers want to be inside.

Formed in 2006, Ensohza is a minzoku-geino or Japanese folk performing ensemble based in the San Francisco Bay Area. Ensohza performs music that evokes the festival spirit and character of Japan's diverse rural communities. With lively vocals accompanied by fue and shakuhachi (bamboo flutes), shamisen (a string instrument) and the beat of the taiko drum, Ensohza transports you to Japan's mountain and fishing villages with traditional folk songs and festival dance music. traditional festival arts of Japan.

The evening starts at 5:00 p.m. with the barbeque

Workshop just added . . .

Breathing for Health and Awareness

Saturday
July 11
10:00 a.m. to noon
\$20 members
\$25 non-members

Call 884-1138 ASAP to register
Age 8 and older, wear comfortable clothes
Contact is through Karl Young 707.884.9586
Karl.young@ucsf.edu

In this unique returning workshop, Riley will lead participants through a sequence of simple breathing exercises to promote health, vitality and well being. Learning correct breathing techniques will help one reduce stress levels, increase blood circulation, optimize oxygen intake and develop conscious awareness.

Riley Lee began playing the shakuhachi in Japan in 1971. During the eight years he lived in Japan, he immersed himself in its arts. From 1973 through 1977, he toured internationally as a full-time performer of taiko (festival drums) and shakuhachi with a group of traditional Japanese musicians.



His studies with traditional teachers in Japan have included such peculiar methods as practicing barefoot in the snow, running marathons, and blowing into his flute in blizzards until icicles formed at the shakuhachi's end. In 1980 he became the first non-Japanese to attain the rank of dai shihan (grand master) in the shakuhachi tradition.