

Bosque del Apache:**A Conservation Success Story**

with Steve Gadol

Monday, March 2, 2009, 7:00 p.m.

Bosque del Apache, located in the northern edge of the Chihuahuan desert between 4,500 feet at the Rio Grande River level to 6,272 at the top of Chupadera, is a 57,191 acre refuge 20 miles south of Socorro, New Mexico. The heart of that refuge is a moist bottomland that provides a breeding ground for the sandhill crane and for snow geese.

Also attracted are wildlife photographers who film these magnificent birds, especially every morning when they rise in the golden early morning light in huge flocks to forage for their daily food. Steve Gadol, one of those photographers, will share his exceptional visual story of the sandhill cranes' annual return to this magical place.

Past lectures have led him to Norway's Svalbard archipelago, to Kenya, and to Botswana, but this time he will tell the story of this American treasure. The talk will include a history of the refuge, an explanation of how it operates, a video tour of the park, and a slide show of daily life from dawn to dusk of the 40,000 snow geese and 15 to 20 thousand sandhill cranes famous for their courtship dance.

Since retiring from the computer industry in 2001 and moving to The Sea Ranch, Steve and his wife Jeanne have searched out unusual natural environments as subjects for his photographs and videos. He has been sharing those experiences since 2003 at well-attended lectures at Gualala Arts.

This promises to be a most entertaining and informative evening. The lecture starts at 7:00 p.m. There is no admission charge, but a \$5.00 donation will be accepted at the door

Eastern Medicine

with Judith Hughes

Monday, March 16, 2009, 7:00 p.m.

\$5 donation requested

In this talk, Judith Hughes will discuss Eastern Medicine practices at the Gualala Arts lecture on Monday, March 16, 2009.

Traditional Chinese medicine has long been a mystery to many Westerners. This talk by Judith Hughes will offer factual information about some of aspects of this form of medicine, which has been practiced successfully for thousands of years.

First, Hughes will explain some of the philosophy behind Eastern medicine and speak briefly on the origins of that philosophy, including an overview of some of the basic concepts behind it. Then she will demonstrate

some down-to-earth applications that anyone in the audience can use. For example, she will show some applications of acupuncture that do not require needles and that may be useful for treating common ailments or for use in an emergency.

After training at Five Branches Institute of Traditional Chinese Medicine in Santa Cruz, Hughes worked in Ukiah with master acupuncturist Dr. Grace Lui, O.M.D., and then at Redwood Coast Medical Services in Gualala. Currently, she is in private practice at the Seacliff Center in Gualala